

**5th Annual Ingersoll Harvest Run  
Ingersoll, Ontario  
Sunday August 28, 2011  
5K**

|         | Entrants | Finishers |
|---------|----------|-----------|
| Total   | 138      | 128       |
| Male    | 54       | 51        |
| Female  | 84       | 77        |
| Unknown | 0        | 0         |

| O'all<br>Place | Bib | Name                   | Gun<br>Time | Class<br>Placing | Gender<br>Place | Pace<br>/Km | City        |
|----------------|-----|------------------------|-------------|------------------|-----------------|-------------|-------------|
| 1              | 119 | Eamonn Kichuk          | 16:18       | SM15-19          | 1/6             | 3:16        | Markham     |
| 2              | 222 | Brad Entwistle         | 17:44       | SM30-39          | 1/6             | 3:33        | London      |
| 3              | 206 | Kevin Farr             | 18:15       | SM40-49          | 1/11            | 3:39        | Port Dover  |
| 4              | 90  | Evan Macdonald         | 19:08       | SM20-29          | 1/4             | 3:50        | Mississauga |
| 5              | 157 | Kyriakos Kyprianou     | 19:13       | SM15-19          | 2/6             | 3:51        | Brantford   |
| 6              | 141 | Allan Mazur            | 19:49       | SM40-49          | 2/11            | 3:58        | St Marys    |
| 7              | 120 | Robert Kichuk          | 20:01       | SM40-49          | 3/11            | 4:01        | Markham     |
| 8              | 177 | Brittany Murphy        | 20:08       | SF15-19          | 1/5             | 4:02        | London      |
| 9              | 196 | Stevie Blankenship     | 20:18       | SM15-19          | 3/6             | 4:04        | Aylmer      |
| 10             | 231 | Mary Thompson          | 20:35       | SF20-29          | 1/12            | 4:07        | Woodstock   |
| 11             | 121 | Jed Walker             | 20:36       | SM15-19          | 4/6             | 4:08        | St. Thomas  |
| 12             | 204 | Dave Steinhoff         | 20:38       | SM50-59          | 1/4             | 4:08        | Port Dover  |
| 13             | 233 | Rich Vanden Hoven      | 20:45       | SM30-39          | 2/6             | 4:09        | London      |
| 14             | 158 | Giorgos Kyprianou      | 20:48       | SM11-14          | 1/6             | 4:10        | Brantford   |
| 15             | 237 | Emily Kruger           | 21:19       | SF15-19          | 2/5             | 4:16        | Ingersoll   |
| 16             | 26  | James De Los Rios      | 22:02       | SM40-49          | 4/11            | 4:25        | London      |
| 17             | 31  | Sab Koto               | 22:15       | SM40-49          | 5/11            | 4:27        | London      |
| 18             | 74  | Carson Macdonald       | 22:15       | SM20-29          | 2/4             | 4:27        | Woodstock   |
| 19             | 156 | Kleopatra Kyprianou    | 22:45       | SF15-19          | 3/5             | 4:33        | Brantford   |
| 20             | 128 | Nico Sijben            | 22:57       | SM15-19          | 5/6             | 4:36        | Glencoe     |
| 21             | 236 | Brady Esler            | 23:22       | SM11-14          | 2/6             | 4:41        | Dorchester  |
| 22             | 155 | Kypros Kyprianou Ellin | 23:30       | SM50-59          | 2/4             | 4:42        | Brantford   |
| 23             | 20  | Arnold Mantel          | 23:38       | SM50-59          | 3/4             | 4:44        | Princeton   |
| 24             | 228 | Kevin Budd             | 23:54       | SM30-39          | 3/6             | 4:47        | Ingersoll   |
| 25             | 44  | Nick Donker            | 24:28       | SM60-69          | 1/8             | 4:54        | Beachville  |
| 26             | 93  | Nicole Baarda          | 24:39       | SF30-39          | 1/26            | 4:56        | London      |
| 27             | 229 | Brian Tschirsov        | 25:09       | SM20-29          | 3/4             | 5:02        | Delhi       |
| 28             | 132 | Nicholas Peixoto       | 25:14       | SM11-14          | 3/6             | 5:03        | Woodstock   |
| 29             | 27  | Brent Hughes           | 25:15       | SM30-39          | 4/6             | 5:03        | Tillsonburg |
| 30             | 89  | Irene Logan            | 25:17       | SF30-39          | 2/26            | 5:04        | London      |
| 31             | 170 | Hillary Elliott        | 25:17       | SF11-14          | 1/4             | 5:04        | Ingersoll   |
| 32             | 249 | Elisa Bolinger         | 25:30       | SF11-14          | 2/4             | 5:06        | Dublin      |
| 33             | 250 | Denzel Bolinger        | 25:35       | SM-10            | 1/2             | 5:07        | Dublin      |
| 34             | 32  | Megan Dale             | 25:47       | SF11-14          | 3/4             | 5:10        | Stratford   |
| 35             | 234 | Janet Thompson         | 26:12       | SF60-69          | 1/3             | 5:15        | Woodstock   |
| 36             | 114 | Heather Pais           | 26:13       | SF30-39          | 3/26            | 5:15        | London      |
| 37             | 45  | Tara Lake              | 26:28       | SF20-29          | 2/12            | 5:18        | Ingersoll   |
| 38             | 126 | Marco Sijben           | 26:31       | SM40-49          | 6/11            | 5:19        | Glencoe     |
| 39             | 238 | Erin McManis           | 26:32       | SF15-19          | 4/5             | 5:19        | Princeton   |
| 40             | 123 | Pete Cunningham        | 26:43       | SM70-79          | 1/4             | 5:21        | Ingersoll   |
| 41             | 81  | Brian Reynolds         | 26:55       | SM60-69          | 2/8             | 5:23        | Woodstock   |
| 42             | 75  | Mike Shaw              | 26:56       | SM40-49          | 7/11            | 5:24        | Mt Elgin    |
| 43             | 91  | Caroline Holland       | 26:56       | SF30-39          | 4/26            | 5:24        | Ingersoll   |
| 44             | 147 | Katelyn Way            | 26:56       | SF20-29          | 3/12            | 5:24        | Ingersoll   |
| 45             | 79  | Tracey Kloepfer        | 26:57       | SF30-39          | 5/26            | 5:24        | Courtland   |
| 46             | 182 | Melani Kyprianou       | 27:00       | SF-10            | 1/1             | 5:24        | Brantford   |
| 47             | 207 | Kayla Costello         | 27:10       | SF20-29          | 4/12            | 5:26        | Ingersoll   |
| 48             | 5   | Patricia Lemon         | 27:22       | SF30-39          | 6/26            | 5:29        | London      |
| 49             | 160 | Bill Nolan             | 27:24       | SM60-69          | 3/8             | 5:29        | London      |
| 50             | 255 | Tom Boaz               | 27:28       | SM60-69          | 4/8             | 5:30        | Dorchester  |
| 51             | 260 | Ashley Brydges         | 27:30       | SF20-29          | 5/12            | 5:30        | London      |
| 52             | 190 | Sean Davies            | 27:59       | SM20-29          | 4/4             | 5:36        | Thamesford  |
| 53             | 217 | Leo Young              | 28:07       | SM60-69          | 5/8             | 5:38        | London      |
| 54             | 220 | Anna Bauer             | 28:15       | SF15-19          | 5/5             | 5:39        | Teufen      |
| 55             | 67  | Tracy Collins          | 28:19       | SM40-49          | 8/11            | 5:40        | Ingersoll   |
| 56             | 135 | Melissa Wells          | 28:31       | SF30-39          | 7/26            | 5:43        | Eden        |

|     |     |                     |       |         |       |    |       |               |
|-----|-----|---------------------|-------|---------|-------|----|-------|---------------|
| 57  | 161 | Randy Proulx        | 28:32 | SM60-69 | 6/8   | 35 | 5:43  | Ingersoll     |
| 58  | 76  | Connie Charles      | 28:44 | SF30-39 | 8/26  | 23 | 5:45  | Ingersoll     |
| 59  | 6   | Barry Arnott        | 28:53 | SM60-69 | 7/8   | 36 | 5:47  | Forest        |
| 60  | 85  | Shanann Josling     | 28:55 | SF30-39 | 9/26  | 24 | 5:47  | Blyth         |
| 61  | 225 | Amanda Dench        | 29:01 | SF30-39 | 10/26 | 25 | 5:49  | Ingersoll     |
| 62  | 124 | Jacquie Waldie      | 29:07 | SF40-49 | 1/21  | 26 | 5:50  | London        |
| 63  | 227 | Kayla Budd          | 29:09 | SF11-14 | 4/4   | 27 | 5:50  | Ingersoll     |
| 64  | 46  | Amanda Bean         | 29:30 | SF30-39 | 11/26 | 28 | 5:54  | Ingersoll     |
| 65  | 140 | James Gelinis       | 29:35 | SM50-59 | 4/4   | 37 | 5:55  | London        |
| 66  | 179 | Kelly Boyce         | 29:37 | SF20-29 | 6/12  | 29 | 5:56  | London        |
| 67  | 241 | Monika Burrell      | 29:47 | SF40-49 | 2/21  | 30 | 5:58  | Ingersoll     |
| 68  | 259 | Darren Tichenoff    | 29:50 | SM40-49 | 9/11  | 38 | 5:58  | Forest        |
| 69  | 86  | Julie Shannon       | 29:57 | SF20-29 | 7/12  | 31 | 6:00  | Blyth         |
| 70  | 83  | Charlie Peterson    | 30:03 | SM60-69 | 8/8   | 39 | 6:01  | Stratford     |
| 71  | 139 | Norma Gelinis       | 30:04 | SF50-59 | 1/5   | 32 | 6:01  | London        |
| 72  | 183 | Harold Burgin       | 30:09 | SM70-79 | 2/4   | 40 | 6:02  | St. Marys     |
| 73  | 169 | Seth Pynaert        | 30:10 | SM-10   | 2/2   | 41 | 6:02  | Brights Grove |
| 74  | 168 | Sean Pynaert        | 30:10 | SM30-39 | 5/6   | 42 | 6:02  | Brights Grove |
| 75  | 226 | Mary-Jane Budd      | 30:27 | SF30-39 | 12/26 | 33 | 6:06  | Ingersoll     |
| 76  | 4   | Joshua Julien       | 30:29 | SM15-19 | 6/6   | 43 | 6:06  | London        |
| 77  | 189 | Katie Davies        | 30:29 | SF20-29 | 8/12  | 34 | 6:06  | Thamesford    |
| 78  | 192 | Lisa Bennett-jervis | 30:34 | SF30-39 | 13/26 | 35 | 6:07  | Seaforth      |
| 79  | 193 | Christa Hayes       | 30:34 | SF30-39 | 14/26 | 36 | 6:07  | Cambridge     |
| 80  | 43  | Gwen Kirkpatrick    | 30:41 | SF50-59 | 2/5   | 37 | 6:09  | Stratford     |
| 81  | 73  | Meagan Thompson     | 30:43 | SF30-39 | 15/26 | 38 | 6:09  | Ingersoll     |
| 82  | 214 | Theresa Abbey       | 30:45 | SF30-39 | 16/26 | 39 | 6:09  | Woodstock     |
| 83  | 129 | Sjaak Sijben        | 30:48 | SM11-14 | 4/6   | 44 | 6:10  | Glencoe       |
| 84  | 33  | Jeanette Dale       | 31:05 | SF40-49 | 3/21  | 40 | 6:13  | Stratford     |
| 85  | 24  | Kevin Grills        | 31:08 | SM30-39 | 6/6   | 45 | 6:14  | Woodstock     |
| 86  | 165 | Sandra Shannon      | 31:10 | SF40-49 | 4/21  | 41 | 6:14  | Ingersoll     |
| 87  | 142 | Dominick Maltby     | 31:20 | SM11-14 | 5/6   | 46 | 6:16  | Ingersoll     |
| 88  | 215 | Billie-Jean Fleming | 31:44 | SF30-39 | 17/26 | 42 | 6:21  | London        |
| 89  | 224 | Rachel Egan         | 31:52 | SF30-39 | 18/26 | 43 | 6:23  | London        |
| 90  | 130 | Camilla Hansen      | 31:59 | SF30-39 | 19/26 | 44 | 6:24  | Woodstock     |
| 91  | 104 | Sophia Lam          | 32:00 | SF20-29 | 9/12  | 45 | 6:24  | London        |
| 92  | 8   | Alana Brown         | 32:13 | SF30-39 | 20/26 | 46 | 6:27  | Milton        |
| 93  | 9   | Travis Mounstevan   | 32:14 | SM11-14 | 6/6   | 47 | 6:27  | Burlington    |
| 94  | 232 | Janet Boychuk       | 32:21 | SF40-49 | 5/21  | 47 | 6:29  | London        |
| 95  | 103 | Tracy Smail         | 32:43 | SF30-39 | 21/26 | 48 | 6:33  | Ingersoll     |
| 96  | 96  | Kristen Rogalsky    | 32:59 | SF20-29 | 10/12 | 49 | 6:36  | London        |
| 97  | 39  | Leslie Cook         | 33:22 | SF40-49 | 6/21  | 50 | 6:41  | Waterloo      |
| 98  | 258 | Tracey Walton       | 33:32 | SF20-29 | 11/12 | 51 | 6:43  | Ingersoll     |
| 99  | 257 | Amber Spence        | 33:33 | SF20-29 | 12/12 | 52 | 6:43  | Ingersoll     |
| 100 | 14  | Bill Davies         | 33:42 | SM70-79 | 3/4   | 48 | 6:45  | Ingersoll     |
| 101 | 137 | Marian Sterk        | 33:43 | SF50-59 | 3/5   | 53 | 6:45  | Embros        |
| 102 | 87  | Carol Turvey        | 33:56 | SF60-69 | 2/3   | 54 | 6:48  | Embros        |
| 103 | 208 | Sandra Kiehl        | 34:02 | SF40-49 | 7/21  | 55 | 6:49  | Ingersoll     |
| 104 | 131 | Lori Peixoto        | 34:22 | SF40-49 | 8/21  | 56 | 6:53  | Woodstock     |
| 105 | 1   | Michele Cambridge   | 34:45 | SF40-49 | 9/21  | 57 | 6:57  | London        |
| 106 | 54  | Cynthia Frizelle    | 34:56 | SF40-49 | 10/21 | 58 | 7:00  | Ingersoll     |
| 107 | 105 | Jennifer Lowes      | 35:09 | SF30-39 | 22/26 | 59 | 7:02  | Innerkip      |
| 108 | 110 | Peter Rothwell      | 35:32 | SM40-49 | 10/11 | 49 | 7:07  | London        |
| 109 | 53  | Kim Mcgregor        | 35:38 | SF40-49 | 11/21 | 60 | 7:08  | Mt. Elgin     |
| 110 | 163 | Liana Dass          | 35:53 | SF30-39 | 23/26 | 61 | 7:11  | Cambridge     |
| 111 | 111 | Michelle Rothwell   | 36:13 | SF30-39 | 24/26 | 62 | 7:15  | London        |
| 112 | 173 | Kim Hastings        | 36:14 | SF40-49 | 12/21 | 63 | 7:15  | London        |
| 113 | 136 | Laura Rattray       | 36:16 | SF30-39 | 25/26 | 64 | 7:16  | Dorchester    |
| 114 | 41  | Patti Ladd          | 36:30 | SF50-59 | 4/5   | 65 | 7:18  | Stratford     |
| 115 | 174 | Louise Corriveau    | 36:51 | SF40-49 | 13/21 | 66 | 7:23  | London        |
| 116 | 143 | Tara Mitchell       | 36:55 | SF40-49 | 14/21 | 67 | 7:23  | Glencoe       |
| 117 | 127 | Christine Sijben    | 36:55 | SF40-49 | 15/21 | 68 | 7:23  | Glencoe       |
| 118 | 51  | Lori Cole           | 37:06 | SF40-49 | 16/21 | 69 | 7:26  | Ingersoll     |
| 119 | 235 | Ron Shier           | 39:33 | SM70-79 | 4/4   | 50 | 7:55  | Ingersoll     |
| 120 | 71  | Simone Fraser       | 41:24 | SF40-49 | 17/21 | 70 | 8:17  | London        |
| 121 | 69  | Barbara Crossley    | 46:54 | SF40-49 | 18/21 | 71 | 9:23  | Mount Elgin   |
| 122 | 12  | Laurie Rees         | 46:58 | SF30-39 | 26/26 | 72 | 9:24  | Ailsa Craig   |
| 123 | 243 | Kathleen Young      | 50:18 | SF40-49 | 19/21 | 73 | 10:04 | Ingersoll     |
| 124 | 244 | Gordon Lesser       | 50:18 | SM40-49 | 11/11 | 51 | 10:04 | Ingersoll     |
| 125 | 7   | Cathy Arnott        | 50:39 | SF60-69 | 3/3   | 74 | 10:08 | Forest        |
| 126 | 223 | Catherine Cannon    | 52:28 | SF50-59 | 5/5   | 75 | 10:30 | Ingersoll     |
| 127 | 184 | Ruth Cowell         | 58:25 | SF40-49 | 20/21 | 76 | 11:41 | Ingersoll     |

