

**4th Annual Ingersoll Harvest Run**  
**Ingersoll, Ontario**  
**Sunday August 29, 2010**  
**10K**

**Entrants Finishers**

Total	153	145
Male	83	80
Female	70	65
Unknown	0	0

O'all Place	Bib	Name	Gun Time	Class Placing	Gender	Pace /Km	City	
1	173	Alex Meyer	33:50	LM20-29	1/10	1	3:23	Hamilton
2	117	Warren Ringler	34:45	LM30-39	1/26	2	3:29	Toronto
3	175	Nikolay Ryabkov	35:25	LM30-39	2/26	3	3:33	Toronto
4	193	Dayna Pidhoresky	35:32	LF20-29	1/12	1	3:34	Tecumseh
5	119	Scott de Boer	36:36	LM15-19	1/6	4	3:40	Salford
6	19	Pete Chapman	36:40	LM30-39	3/26	5	3:40	London
7	75	Troy Biddle	39:00	LM15-19	2/6	6	3:54	London
8	64	Burt Long	39:26	LM60-69	1/8	7	3:57	St.thomas
9	221	Jonathon Matthews	40:44	LM20-29	2/10	8	4:05	London
10	80	Joe Sikora	41:00	LM50-59	1/12	9	4:06	St. Thomas
11	148	Gordie Michie	41:13	LM15-19	3/6	10	4:08	St. Thomas
12	25	David Pedliham	41:39	LM40-49	1/15	11	4:10	Toronto
13	149	Patrick Deane	41:59	LM15-19	4/6	12	4:12	Thorndale
14	68	Adam Boyer	42:26	LM20-29	3/10	13	4:15	Clinton
15	191	Craig Cole	42:30	LM40-49	2/15	14	4:15	Tillsonburg
16	185	Brent Komer	42:40	LM20-29	4/10	15	4:16	London
17	84	Henry Drost	42:58	LM50-59	2/12	16	4:18	Woodstock
18	208	Tyson Montgomery	43:03	LM20-29	5/10	17	4:19	Bayfield
19	41	Rebecca Tirva	43:04	LF20-29	2/12	2	4:19	Woodstock
20	85	Jason Reabel	43:24	LM30-39	4/26	18	4:21	London
21	162	Andre Lefort	43:27	LM20-29	6/10	19	4:21	London
22	160	Hubertus Haccius	43:35	LM50-59	3/12	20	4:22	Dashwood
23	58	Nick Groot	43:46	LM50-59	4/12	21	4:23	Ingersoll
24	145	Mary Thompson	44:07	LF20-29	3/12	3	4:25	Woodstock
25	219	Jennifer Unphrey	44:11	LF40-49	1/20	4	4:26	Guelph
26	89	Graig Pettit	44:22	LM30-39	5/26	22	4:27	St. Thomas
27	107	Matthew Bayley	45:07	LM30-39	6/26	23	4:31	London
28	232	Peter Baxter	45:13	LM50-59	5/12	24	4:32	London
29	65	Dave Sanderson	45:30	LM40-49	3/15	25	4:33	New Hamburg
30	198	Vanessa Rockerfeller	45:44	LF30-39	1/22	5	4:35	Tillsonburg
31	249	Cynthia Cormier	45:51	LF20-29	4/12	6	4:36	Ingersoll
32	204	Darren Tyrrell	46:01	LM15-19	5/6	26	4:37	Ingersoll
33	190	Brett Opthof	46:06	LM30-39	7/26	27	4:37	Woodstock
34	184	Bill Komer	46:07	LM40-49	4/15	28	4:37	London
35	120	Dan Feke	46:14	LM40-49	5/15	29	4:38	Delaware
36	170	Emily Kruger	46:37	LF15-19	1/2	7	4:40	Ingersoll
37	82	Brian Belbeck	46:37	LM30-39	8/26	30	4:40	Ingersoll
38	217	Chelsea Roy	46:41	LF15-19	2/2	8	4:41	Ingersoll
39	10	Bridget Burns	46:46	LF20-29	5/12	9	4:41	Brampton
40	253	Andrew Wolfe	46:56	LM30-39	9/26	31	4:42	Ingersoll
41	116	Catherine Ringler	47:04	LF30-39	2/22	10	4:43	Toronto
42	106	Tiffany Matuk	47:34	LF20-29	6/12	11	4:46	London
43	108	Colin Tryon	47:45	LM15-19	6/6	32	4:47	Ingersoll
44	238	Don Gutoaki	48:08	LM50-59	6/12	33	4:49	Mossley
45	211	Meg Thorburn	48:11	LF50-59	1/7	12	4:50	Guelph
46	56	Jamie Edgington	48:16	LM40-49	6/15	34	4:50	London
47	33	Nick Donker	48:29	LM60-69	2/8	35	4:51	Beachville
48	5	Marc O'brien	48:45	LM30-39	10/26	36	4:53	London
49	262	Jeff Mathers	48:59	LM30-39	11/26	37	4:54	Grand Bend
50	224	Brodie Nadeau	49:00	LM30-39	12/26	38	4:54	Dorchester
51	48	Paul Kelly	49:13	LM30-39	13/26	39	4:56	Corunna

52	192	Brian Inget	49:21	LM20-29	7/10	40	4:57	Woodstock
53	256	Stephen Tait	50:27	LM50-59	7/12	41	5:03	Ingersoll
54	129	Darren House	50:39	LM30-39	14/26	42	5:04	Ingersoll
55	140	James Delodder	50:42	LM30-39	15/26	43	5:05	Woodstock
56	218	Dee Roy	50:51	LF40-49	2/20	13	5:06	Ingersoll
57	69	Daniel Gray	50:58	LM30-39	16/26	44	5:06	Woodstock
58	34	Kathy Mantel	51:05	LF40-49	3/20	14	5:07	Princeton
59	161	Raymond Wilkinson	51:10	LM60-69	3/8	45	5:07	London
60	251	Sally Taylor	51:12	LF40-49	4/20	15	5:08	Dorchester
61	180	Michael Krahn	51:22	LM30-39	17/26	46	5:09	Aylmer
62	4	Alyson Kenny	51:31	LF20-29	7/12	16	5:10	London
63	255	Leo Young	51:36	LM60-69	4/8	47	5:10	London
64	40	Kelly Rosborough	52:28	LF40-49	5/20	17	5:15	Lucan
65	142	Craig Boddy	52:55	LM20-29	8/10	48	5:18	Ingersoll
66	92	Kevin Goforth	52:58	LM50-59	8/12	49	5:18	Stratford
67	35	Arnold Mantel	53:05	LM50-59	9/12	50	5:19	Princeton
68	47	Jennifer Kelly	53:13	LF30-39	3/22	18	5:20	Corunna
69	167	David Ringler	53:50	LM60-69	5/8	51	5:23	St. Catharines
70	230	Jamie Green	53:55	LM40-49	7/15	52	5:24	London
71	226	Katherine Willis	54:06	LF50-59	2/7	19	5:25	Cambridge
72	135	Tony North	54:14	LM50-59	10/12	53	5:26	London
73	110	Carrie Andrews	54:15	LF30-39	4/22	20	5:26	Rochester
74	109	Scott Adair	54:15	LM40-49	8/15	54	5:26	W Henrietta
75	128	John Hardy	54:39	LM60-69	6/8	55	5:28	Timmings
76	13	Mike Bratton	54:41	LM40-49	9/15	56	5:29	Cambridge
77	216	Scott Crawford	55:15	LM40-49	10/15	57	5:32	Ingersoll
78	52	Michelle Berenz	55:23	LF40-49	6/20	21	5:33	Lakeshore
79	67	Russ Barker	55:57	LM50-59	11/12	58	5:36	St Marys
80	79	Tracey Kloepfer	55:59	LF30-39	5/22	22	5:36	Courtland
81	205	Tom Tyrrell	56:22	LM40-49	11/15	59	5:39	Ingersoll
82	248	Liz Debackere	56:31	LF40-49	7/20	23	5:40	Ingersoll
83	259	Nikki Sloan Clarke	56:31	LF40-49	8/20	24	5:40	Ingersoll
84	169	Deborah Colafranceschi	56:32	LF30-39	6/22	25	5:40	London
85	11	Susan Luckhardt	56:44	LF40-49	9/20	26	5:41	St Marys
86	263	Drew Pearson	56:54	LM20-29	9/10	60	5:42	Ingersoll
87	250	Barb Ledgley	57:02	LF40-49	10/20	27	5:43	Dorchester
88	74	Ryan Smith	57:02	LM30-39	18/26	61	5:43	London
89	174	Davor Maletic	57:43	LM30-39	19/26	62	5:47	Kitchener
90	61	Dan Rempel	58:31	LM30-39	20/26	63	5:52	Tillsonburg
91	1	Thomas Mulligan	58:36	LM70-79	1/2	64	5:52	London
92	7	Michael O'Brien	58:40	LM30-39	21/26	65	5:52	London
93	223	Jordon Simmers	58:51	LM20-29	10/10	66	5:54	London
94	222	Randy Woodward	58:51	LF40-49	11/20	28	5:54	London
95	124	Dimitry Verkerk	59:00	LM30-39	22/26	67	5:54	Ridgetown
96	62	Maria Rempel	59:03	LF30-39	7/22	29	5:55	Tillsonburg
97	90	Lisa Thurlow	59:15	LF40-49	12/20	30	5:56	Barrie
98	113	Devon Janzen	59:18	LF30-39	8/22	31	5:56	Tillsonburg
99	22	Mj Culliton	59:33	LF40-49	13/20	32	5:58	Stratford
100	21	Bob McClure	59:33	LM30-39	23/26	68	5:58	Chesley
101	150	Jim Yates	1:00:08	LM50-59	12/12	69	6:01	Ingersoll
102	146	Janet Thompson	1:00:09	LF60-69	1/1	33	6:01	Woodstock
103	176	George Waugh	1:00:55	LM40-49	12/15	70	6:06	Woodstock
104	143	Sherita Guetter	1:01:01	LF20-29	8/12	34	6:07	Beachville
105	166	Patty Relow	1:01:13	LF40-49	14/20	35	6:08	Grand Bend
106	165	Tristan Relow	1:01:13	LF-14	1/1	36	6:08	Grand Bend
107	151	Jamie Losee	1:01:17	LF30-39	9/22	37	6:08	Ingersoll
108	147	Andrea Ives	1:01:21	LF50-59	3/7	38	6:09	St.thomas
109	131	Margaret Teodoro	1:01:26	LF50-59	4/7	39	6:09	London
110	233	Jane Macdonald	1:02:16	LF50-59	5/7	40	6:14	Dorchester
111	239	Mary Jane Gutoskf	1:02:44	LF50-59	6/7	41	6:17	Mossley
112	136	Angela Jones	1:03:14	LF30-39	10/22	42	6:20	Lucan
113	126	Kristen Huitema	1:03:20	LF30-39	11/22	43	6:20	Ingersoll
114	234	Wendy Capaldi	1:03:20	LF30-39	12/22	44	6:20	Ingersoll
115	220	Jennifer Giesen	1:03:22	LF30-39	13/22	45	6:21	London
116	141	Angela Delodder	1:03:48	LF30-39	14/22	46	6:23	Woodstock
117	24	Nancy Dussault	1:03:50	LF40-49	15/20	47	6:23	Brantford
118	102	Lee Brett	1:04:03	LM30-39	24/26	71	6:25	Woodstock

119	55	Jon Lorch	1:04:33	LM40-49	13/15	72	6:28	Straffordville
120	104	Shannon Brett	1:04:36	LF30-39	15/22	48	6:28	Woodstock
121	118	Shannon Davis	1:05:05	LF30-39	16/22	49	6:31	Tillsonburg
122	30	Andrea Slade	1:05:26	LF30-39	17/22	50	6:33	St. Marys
123	254	Kelly Deeks	1:05:26	LF30-39	18/22	51	6:33	St. Marys
124	206	Arlin Cuncic	1:06:12	LF30-39	19/22	52	6:38	Ingersoll
125	103	Ian Hopkins	1:07:12	LM40-49	14/15	73	6:44	Woodstock
126	94	Albert Agar	1:07:20	LM30-39	25/26	74	6:44	London
127	81	Ted Belbeck	1:07:52	LM60-69	7/8	75	6:48	Ingersoll
128	130	Manuel Teodoro	1:08:34	LM80+	1/1	76	6:52	London
129	105	Scott Brett	1:08:38	LM40-49	15/15	77	6:52	Woodstock
130	2	Colleen Mulligan	1:08:43	LF30-39	20/22	53	6:53	Ingersoll
131	14	Perry Cannon	1:09:07	LM30-39	26/26	78	6:55	Woodstock
132	197	Sarah Moody	1:09:12	LF40-49	16/20	54	6:56	Woodstock
133	9	Michele Cambridge	1:09:44	LF40-49	17/20	55	6:59	London
134	15	Ron Shier	1:10:12	LM70-79	2/2	79	7:02	Ingersoll
135	125	Melissa Hiebert	1:10:42	LF20-29	9/12	56	7:05	Aylmer
136	43	Charlie Peterson	1:11:08	LM60-69	8/8	80	7:07	Stratford
137	257	Michelle Miller	1:11:36	LF30-39	21/22	57	7:10	Stratford
138	258	Lisa Luyten	1:11:36	LF40-49	18/20	58	7:10	St. Marys
139	199	Shelley Anderson	1:11:36	LF30-39	22/22	59	7:10	Ingersoll
140	189	Karrie Cornies	1:12:55	LF20-29	10/12	60	7:18	Ingersoll
141	152	Deb Yates	1:12:55	LF50-59	7/7	61	7:18	Ingersoll
142	93	Kelley Goforth	1:14:10	LF40-49	19/20	62	7:25	Stratford
143	32	Evelynne Kobes	1:14:53	LF40-49	20/20	63	7:30	London
144	178	Kierstin Kinlin	1:20:34	LF20-29	11/12	64	8:04	Ingersoll
145	177	Tanya Quirke	1:40:24	LF20-29	12/12	65	10:03	Ingersoll