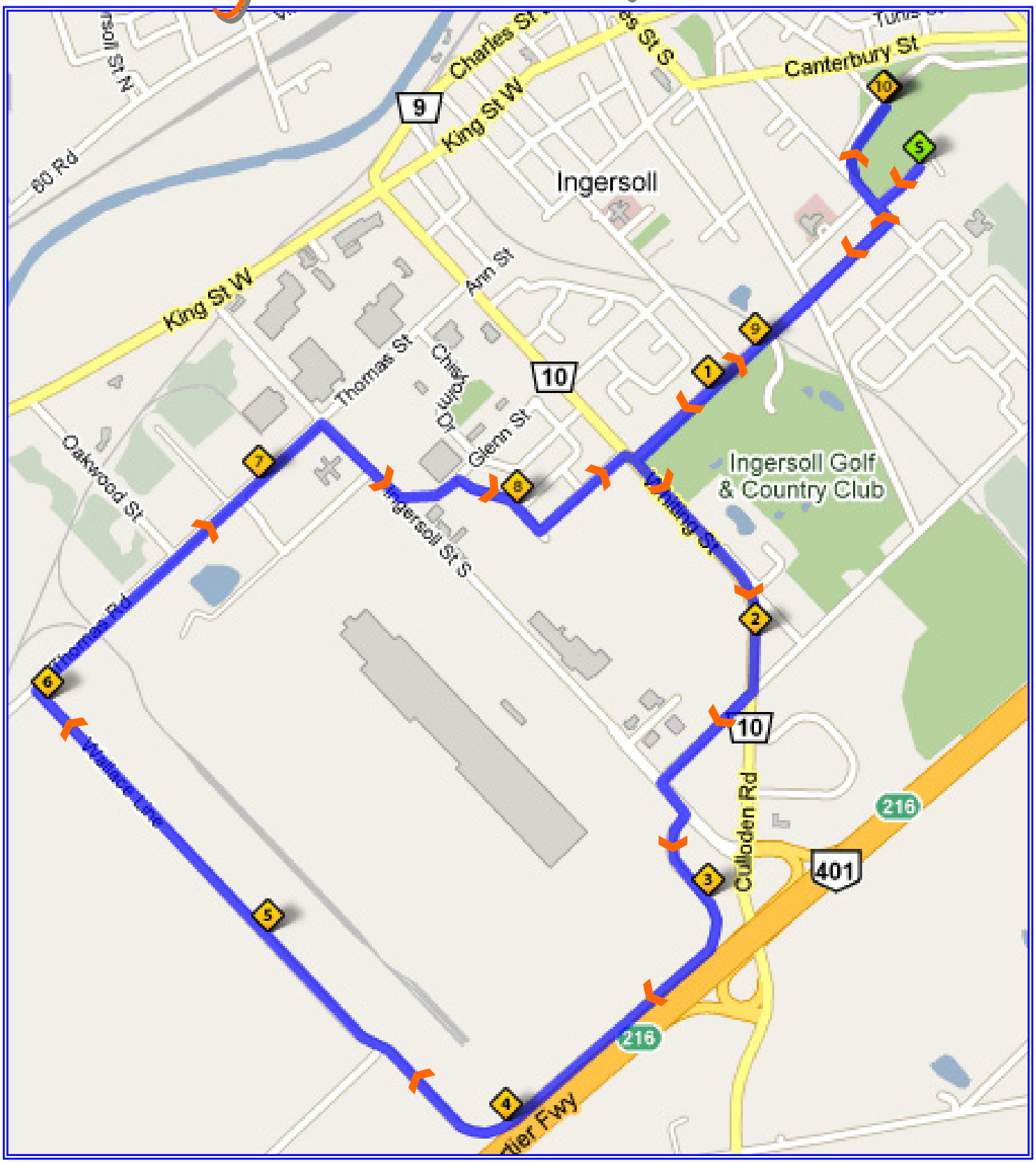Ingersoll Harvest Run -10 km